

Friday, April 22nd, 2016

Lectures and information booths on the topic of "milk"

Now, which is correct? "Milk is healthy" or "Milk is unhealthy"? Opinion about the health of milk has differed for quite some time. Standard UHT or pasteurised milk which becomes completely degenerated by industrial manufacturing processes and has almost nothing in common with the original raw product and food indeed does pose a serious threat to the human body and is a contributory factor in developing asthma, allergies and osteoporosis. However, raw milk and raw milk products (cheese, butter, etc.) from animals from organic pasture management have the contrary effect. Raw milk is an essential and life promoting food. For this reason we give lectures and visit farmers' markets in order to teach people about the controversial topic of milk.



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